

September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 9:30am Minden United Church 10:30am West Guilford Baptist Church 3:00pm Wii Bowling 6:45pm Movie Night "Instant Family"	2 Happy Labour Day! 9:45am Seated Dance Exercise 10:30am Watch Party ~ A Year on Planet Earth: Winter 2:30pm Bean Bag Toss & Popsicles 6:45pm * Euchre Club	3 9:45am Full Body Chair Exercise 10am-2pm Kristin's Creations Shopping 1:30pm * Tech Time 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Movie Night "Tombstone"	4 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am Group Crossword 3:30pm Live Music ~ Gord Kidd & Friends 6:45pm Margaret's Movie Night	5 9:45am Air Ball Exercise 10:30am Tim Hortons & Trivia 2:15pm * Shopping ~ Shoppers 2:45pm Shuffle Board 6:45pm Movie Night "Mary Poppins"	6 9:45am Balance Exercise * Spa Time: Manicures, Foot Soaks, Hand Wax 2:30pm Live Music ~ Trina West & Albert 6:45pm Garden Bucks BINGO	7 9:45am Sit to Fit with Georgia 10:30am * Bus Trip~ Thrift Shopping with Alisha 2:30pm Classical Music Show "Handel Celebration Concert" 6:45pm Movie Night "Night at the Museum"		
8 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:30pm Mad Libs 6:45pm Movie Night "The Judge"	9 9:45am Dumbbell Exercises 10:30am Watch Party ~ A Year on Planet Earth: Spring 2:30pm Ministry with Melinda & Friends 6:45pm * Euchre Club	10 9:45am Chair Yoga 10:30am Gardens Food Committee 1:30pm * Tech Time 2:15pm * Shopping ~ Rexall 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Movie Night "The Alamo"	11 9:45am Dumbbell Exercises 10:30am Residents General Meeting 2:30pm Indian Dancing with Jasmin 6:45pm Margaret's Movie Night	12 National Chocolate Milkshake Day! 9:45am Full Body Chair Exercise 10:30am Group Wordle 2:30pm Milkshake Social 6:45pm Movie Night "Million Dollar Duck"	13 9:45am Chair Exercise * Spa Time: Manicures, Foot Soaks, Hand Wax 2:30pm Live Music ~ Country Hot Flashes 6:45pm Garden Bucks BINGO	14 9:45am Saturday Stretch Exercise 1:45pm * Bus Trip ~ The Beat Goes On with Sherry 2:30pm Outdoor Games 3:00pm Drumstick Social 6:45pm Movie Night "The Magic of Belle Isle"		
15 9:30am Minden United Church 10:30am West Guilford Baptist Church 3:00pm Wii Bowling 6:45pm Movie Night "The Founder"	16 9:45am Seated Dance Exercise 10:30am Watch Party ~ A Year on Planet Earth: Summer 2:30pm Amanda's Exotic Animal Show 6:45pm * Euchre Club	17 9:45am Full Body Chair Exercise 11:00am Calming Coloring 2:00pm * Sir Sams Water Spa 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Movie Night "A Fistful of Dollars"	18 National Rice Krispie Treats Day! 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am Making Rice Krispy Treats! 2:30pm Music Memories with Janice 6:45pm Margaret's Movie Night	19 9:45am Air Ball Exercise 10:30am Haliburton United Church with Harry Morgan and Friends 2:30pm Drawing Class with Walter! 6:45pm Movie Night "Good Morning Vietnam"	20 9:45am Balance Exercise * Spa Time: Manicures, Foot Soaks, Hand Wax 12:30pm * Lunch with Alisha! 2:30pm Live Music ~ Mixed Bag 6:45pm Garden Bucks BINGO	21 9:45am Sit to Fit with Georgia 10:30am * Shopping Trip to Lindsay with Heather! 2:30pm Cinderella Ballet Concert 6:45pm Movie Night "The Meddler"		
22 First Day Of Fall! 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:30pm Mad Libs 6:45pm Movie Night "Renaissance Man"	23 9:45am Dumbbell Exercises 10:30am Watch Party ~ A Year on Planet Earth: Autumn 2:30pm Live Music ~ Sing Along with Bill 4:00pm * Dinner at the Pepper Mill! 6:45pm * Euchre Club	24 9:45am Chair Yoga 11:00am Calming Coloring 1:30pm * Tech Time 2:00pm Book Club 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Movie Night "For a Few Dollars More"	25 9:45am Res. Band Exercises 10:30am Garden Bucks Mystery Auction 12:00pm Men's Lunch 2:30pm Hello Fall High Tea Party & Piano Show 6:45pm Margaret's Movie Night	26 9:45am Full Body Chair Exercise 10:00am * Casino Rama Bus Trip 10:30am Ministry with Melinda & Friends 2:45pm Tabletop Shuffle Board 6:45pm Movie Night "The Shaggy Dog"	27 9:45am Chair Exercise * Spa Time: Manicures, Foot Soaks, Hand Wax 2:30pm Live Music ~ Walt and Willy 6:45pm Garden Bucks BINGO	28 9:45am Saturday Stretch Exercise 10:00am * Wolf Center with Haily 2:30pm Outdoor Games 3:00pm Drumstick Social 6:45pm Movie Night "And So It Goes"		
29 9:30am Minden United Church 10:30am West Guilford Baptist Church 3:00pm Wii Bowling 6:45pm Movie Night "Jungle 2 Jungle"	30 National Day for Truth and Reconciliation! 9:45am Seated Dance Exercise 10:30am Watch Party ~ A Year on Planet Earth: Full Circle 2:30pm Ice Cream Social 6:45pm * Euchre Club	Activities With a * Require Sign Up At The Concierge Desk *****		SEPTEMBER  SAPPHIRE		Listen to 100.9 Canoe FM Every Sunday And Listen to Our Resident Paul Cameron "Paul's Choice Show" 12pm-3pm In The Sam Slick	Sam Slick Bar Hours: Monday ~ 3:30pm - 7:30pm Tuesday ~ 3:30pm - 7:30pm Wednesday ~ 3:30pm - 6:00pm Thursday ~ 3:30pm - 6:00pm Friday ~ 3:30pm - 7:30pm Saturday ~ 3:30pm - 7:30pm Sunday ~ 3:30pm - 7:30pm	For Hair Appointments Call Kristy 705-854-0905