

August 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST  PERIDOT		For Hair Appointments Call Kristy 705-854-0905 ** Gift Certificates Available **			1 9:45am Chair Exercise 10:30am Watch Party ~ "High Arctic Haulers" 2:30pm Live Music ~ Gord Kidd & Friends 6:45pm Garden Bucks BINGO	2 9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "My Mom Jayne" 2:30pm Popsicle Social 6:45pm Movie Night ~ "Yesterday"
3 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:30pm Outdoor Games 6:45pm Movie Night ~ "Georgia Rule"	4 Civic Holiday! 9:45am Seated Dance Exercise 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 2:00pm * Manicures & Foot Soaks 6:45pm * Euchre Club	5 9:45am Full Body Chair Exercise 10:30am Tim Hortons Social 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Movie Night ~ "Cold Mounain"	6 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am Group Crossword 3:30pm Live Music ~ Gord Kidd & Friends 6:45pm Margaret's Movie Night	7 9:45am Air Ball Exercise 10:30am Memory Match 1:30pm * Tech Time 2:15pm * Shopping ~ Shoppers 6:45pm Movie Night ~ "Troop Beverly Hills"	8 9:45am Balance Exercise 10:30am Hymn Sing with Allen Pais! 2:30pm Live Music ~ Country Hot Flashes 6:45pm Garden Bucks BINGO	9 9:45am Sit to Fit with Georgia 10:30am Mad Libs 3:30pm Trivia & Happy Hour 6:45pm Movie Night ~ "Last Breath"
10 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:00pm Hymn Sing 6:45pm Movie Night ~ "Ladder 49"	11 9:45am Dumbbell Exercises 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 1:00pm RHRA Resident Network Meeting 2:30pm Live Music ~ Fred & Charlie 6:45pm * Euchre Club	12 9:45am Chair Yoga 10:30am Calming Coloring 2:15pm * Shopping ~ Rexall 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Movie Night ~ "Australia"	13 Happy Lefthanders Day! 9:45am Sit to Fit with Georgia 10:30am Residents General Meeting 2:30pm Indian Dancing with Jasmin 6:45pm Margaret's Movie Night	14 9:45am Zumba 10:30am Gardens Food Committee 11:00am * Bancroft Trip with Heather! 1:30pm * Tech Time 6:45pm Movie Night ~ "Amy"	15 9:45am Chair Exercise 10:30am * Thrift Warehouse Bus Trip! 2:30pm Live Music ~ Mixed Bag 6:45pm Garden Bucks BINGO	16 9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Super Man: Christopher Reeve Story" 2:30pm Popsicle Social 6:45pm Movie Night ~ "La Dolce Villa"
17 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:30pm Outdoor Games 6:45pm Movie Night ~ "The Man in the Moon"	18 9:45am Seated Dance Exercise 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 2:00pm * Manicures & Foot Soaks 6:45pm * Euchre Club	19 9:45am Full Body Chair Exercise 10:30am Calming Coloring 2:00pm Book Club 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Arm Chair Travel ~ "Great Britain"	20 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am Horse Racing 1:30pm Genealogy with Adele! 6:45pm Margaret's Movie Night	21 National Senior Citizens Day! 9:45am Air Ball Exercise 10:15am Haliburton United Church Service with Harry Morgan & Friends! 1:30pm * Tech Time 2:15pm * Shopping ~ Shoppers 6:45pm Movie Night ~ "The King of Comedy"	22 9:45am Balance Exercise 10:30am Ministry with Melinda! 2:30pm Live Music ~ Drew Allen 6:45pm Garden Bucks BINGO	23 9:45am Sit to Fit with Georgia 10:30am Mad Libs 3:30pm Trivia & Happy Hour 6:45pm Movie Night ~ "Nine Lives"
24 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:00pm Hymn Sing 6:45pm Movie Night ~ "Now and Then"	25 National Whiskey Sour Day! 9:45am Dumbbell Exercises 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 2:30pm Sing Along with Bill! 6:45pm * Euchre Club	26 9:45am Chair Yoga 10:30am Calming Coloring 2:15pm * Shopping ~ Rexall 2:30pm Knitting w Neighbors 6:00pm * <i>Dinner & Radio Bingo</i> 6:45pm Movie Night ~ Resident Choice	27 9:45am Sit to Fit with Georgia 10:30am Group Crossword 12:00pm Men's Lunch 2:30pm High Tea Party 6:45pm Margaret's Movie Night	28 9:45am Zumba 10:00am * Shoreline Casino Trip 10:30am Ministry with Melinda! 2:30pm Garden Bucks Mystery Auction 7:00pm Live Music ~ Jimmy's Classic Radio Show	29 9:45am Chair Exercise 10:30am Watch Party ~ "High Arctic Haulers" 2:30pm Live Music ~ Handy Andy & Squeaky John 6:45pm DOUBLE Garden Bucks BINGO	30 9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Stevie Nicks: Through the Looking Glass" 2:30pm Popsicle Social 6:45pm Movie Night ~ "Click"
31 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:30pm Outdoor Games 6:45pm Movie Night ~ Resident Choice		Activities With a * Require Sign Up At The Concierge Desk *****		For Foot Care Call West Nursing Foot Care 705-627-6903		