

August 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities With a * Require Sign Up At The Concierge Desk *****	 Peridot AUGUST BIRTHSTONE	For Hair Appointments Call Kristy 705-854-0905	 LUAU	For Foot Care Call West Nursing Foot Care 705-627-6903		
						1
						9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Miracle Landing on the Hudson" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "Forever My Girl"
2	3	4	5	6	7	8
9:30am Minden United Church 10:30am West Guilford Baptist Church 1:15pm * Sweet Dreams Musical 2:00pm Hymn Sing with Allen Pais! 7:00pm Movie Night ~ "Tootsie"	Civic Holiday! 9:45am Seated Dance Exercise 10:30am Watch Party ~ "Little House on the Prairie" 2:30pm Indian Dancing with Jasmine 6:45pm * Euchre Club	9:45am Sit to Fit with Georgia 10:30am Calming Coloring 2:00pm Knitting w Neighbors 2:30pm Line Dancing with Karley! 6:00pm * Dinner & Radio Bingo 7:00pm Movie Night ~ "Jeremiah Johnson"	9:45am Dance Exercises with Melinda! * Wellness Clinic ~ 10:30am - 2:30pm 10:30am Group Crossword 2:00pm Hawaiian Luau Party & The Lemon Bar Lemonade Trailer! 3:00pm Live Music ~ Gord Kidd & Friends 7:00pm Staff Pick Movie Night ~ "On Golden Pond"	9:45am Tai Chi with Kelly from K.O. Martial Arts! * Wellness Clinic ~ 10:30am - 2:30pm 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 1:30pm * Tech Time 2:30pm * Shopping ~ Shoppers 7:00pm Movie Night ~ "Nothing in Common"	9:45am Balance Exercise 10:00am Tim Hortons Social * Wellness Clinic ~ 10:30am - 2:30pm 12:00pm * Lunch @ Minden Legion 2:30pm Live Music ~ Drew Allen 6:30pm Garden Bucks BINGO	9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Blink" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "First Man"
9	10	11	12	13	14	15
9:30am Minden United Church 10:30am West Guilford Baptist Church 3:00pm Outdoor Games 7:00pm Movie Night ~ "Apollo 13"	9:45am Dumbbell Exercises 10:30am Watch Party ~ "Little House on the Prairie" 2:00pm * Manicures & Foot Soaks 6:45pm * Euchre Club	9:45am Sit to Fit with Georgia 10:30am Calming Coloring 2:00pm Knitting w Neighbors 2:30pm * Shopping ~ Rexall 6:00pm * Dinner & Radio Bingo 7:00pm Armchair Travel ~ Newfoundland	9:45am Chair Yoga With Lorrie! 10:30am Residents General Meeting 2:30pm Book Club 7:00pm Staff Pick Movie Night ~ "The Leisure Seeker"	9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am Gardens Food Committee 2:30pm Price is Right 7:00pm Movie Night ~ "The Jerk"	9:45am Chair Exercise 10:30am Memory Match 2:30pm Live Music ~ Country Hot Flashes 6:30pm Garden Bucks BINGO	World Honey Bee Day! 9:45am Sit to Fit with Georgia 10:30am Documentary Saturday ~ "Secrets of the Bees" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "About Time"
16	17	18	19	20	21	22
9:30am Minden United Church 10:30am West Guilford Baptist Church 2:00pm Hymn Sing 7:00pm Movie Night ~ "When a Man Loves a Woman"	9:45am Seated Dance Exercise 10:30am Watch Party ~ "Little House on the Prairie" 2:00pm * Manicures & Foot Soaks 6:45pm * Euchre Club	9:45am Sit to Fit with Georgia 10:30am * Haliburton Farmers Market 10:30am Calming Coloring 2:00pm Knitting w Neighbors 2:30pm Line Dancing with Karley! 6:00pm * Dinner & Radio Bingo 7:00pm Peter Meenie Comedy and Magic Show!	9:45am Dance Exercises with Melinda! 10:30am Catholic Mass with Father Casmir 2:30pm Kawartha Dairy Documentary & Ice Cream Watch Party 7:00pm Staff Pick Movie Night ~ "Wizard of Oz"	9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 10:30am Haliburton United Church Service with Harry Morgan & Friends 1:30pm * Tech Time 2:30pm * Shopping ~ Shoppers 4:30pm Haliburton Highlands Time Travellers Car Show 7:00pm Movie Night ~ "Midnight Run"	National Senior Citizens Day! 9:45am Balance Exercise 10:30am * Double-Double Morning Out @ Tim Hortons 10:30am Memory Match 2:30pm Live Music ~ Lloyd Taylor 6:30pm Garden Bucks BINGO	9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "A Gorilla Story" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "The Right Kind of Wrong"
23	24	25	26	27	28	29
9:30am Minden United Church 10:30am West Guilford Baptist Church 3:00pm Outdoor Games 7:00pm Movie Night ~ "The Majestic"	National Peach Pie Day! 9:45am Dumbbell Exercises 10:00am * Casino Rama 10:30am Watch Party ~ "Little House on the Prairie" 2:30pm Sing Along with Bill! 6:45pm * Euchre Club	9:45am Chair Yoga 10:00am SALC Webinar: Exploring the Warning Signs of Dementia 2:00pm Knitting w Neighbors 2:30pm * Shopping ~ Rexall 6:00pm * Dinner & Radio Bingo 7:00pm Movie Night ~ "The Sisters Brothers"	9:45am Chair Yoga With Lorrie! 10:30am Group Crossword 2:00pm Garden Bucks Mystery Auction 2:30pm Minden Skating Club High Tea Party 7:00pm Staff Pick Movie Night ~ "Liar Liar"	9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 12:00pm Men's Lunch 2:30pm Poetry with Patricia! 7:00pm Movie Night ~ "Perfect"	9:45am Chair Exercise 10:30am Memory Match 2:30pm Live Music ~ Trina & Albert 6:30pm DOUBLE Garden Bucks BINGO	9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Mysteries of the Terracotta Warriors" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "Ella McCay"
30	31					
9:30am Minden United Church 10:30am West Guilford Baptist Church 2:00pm Hymn Sing 7:00pm Movie Night ~ "The Maid"	9:45am Seated Dance Exercise 10:30am Watch Party ~ "Little House on the Prairie" 2:00pm * Manicures & Foot Soaks 6:45pm * Euchre Club					