



CONTACT INFORMATION

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Concierge Desk	*101 On Your Suite Phone
General Manager Alisha Lafleur	705-457-4848 Ext. 104
Heather Inness Office Manager	705-457-4848 Ext. 102
Hailly Hamilton Activities Director	705-457-4848 Ext. 103
Patricia Miller Director of Community Relations	705-457-4848 Ext. 105
Amanda Killaby Director of Wellness	705-457-4848 Ext. 106
Sherry Switzer Maintenance Manager	705-457-4848 Ext . 107
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The Gardens of Haliburton Manager On Call Can Be Reached On Weekends at 705-457-5867	



September 2026 Monthly Activities Newsletter



Memories From August

Goodbye August, Hello September!

What a blast August was! We soaked up the summer fun at our Hawaiian Luau Party, enjoyed an elegant evening with the local Opera Studio, shared plenty of laughs during Peter Meenie's comedy show, and treated ourselves to delicious Kawartha Dairy ice cream!

We also had the pleasure of supporting our local Minden Skating Club, enjoyed fantastic live music, and made wonderful memories on our outings together.

Thank you to everyone who helped make August so much fun! As summer starts to wind down, we're excited to welcome September and all the new memories, activities and adventures ahead!

Hello September! We're ready for you!



TRIPS & OUTINGS



Please SIGN UP FOR ALL * TRIPS at the Concierge Desk

September 3rd, 8th, 17th, & 22nd ~ Shopping Trips to Haliburton
Seniors Discount Days! Bring you own \$ and Bags

Friday September 18th ~
Haliburton Wolf Center & Lunch @ Boshkung Smokehouse
\$\$ Bring Money for Admission (\$15) & Lunch

Monday September 21st ~ Casino Rama Trip
Bring \$ for Gambling. Picnic Lunch Provided

Wednesday September 23rd ~ Shopping Trip to Huntsville
\$\$ Bring Money for Shopping



Wolf Center & Lunch
September 18th

Thursday September 10th @
1:30pm



"I Swear"

Highlights

LABOUR DAY
ICE CREAM
SOCIAL!

JOIN US FOR A SWEET
AFTERNOON OF
ICE CREAM,
FRIENDS AND FUN!



MONDAY
SEPTEMBER 7TH



2:30 PM

EVERYONE
IS
WELCOME!



GOOD TIMES, GREAT COMPANY
& ICE CREAM!



LINE
DANCING
with **KARLEY**

BEGINNER CLASSES!

COME WATCH OR
JOIN IN ON THE FUN!



SEPTEMBER
1ST, 15TH & 29TH

ALL ARE WELCOME!

Song Bird
SOUND THERAPY

NOURISH YOUR BODY, MIND & SPIRIT
THROUGH THE HEALING POWER OF SOUND.

SEPTEMBER 16TH

WHAT IS SOUND THERAPY?

Sound therapy uses vibrations from instruments such as singing bowls, gongs and chimes to encourage relaxation and promote a sense of calm and well-being.

BENEFITS OF SOUND THERAPY

- REDUCES STRESS & ANXIETY
- ENCOURAGES RELAXATION
- MAY IMPROVE SLEEP
- SUPPORTS EMOTIONAL WELL-BEING
- PROMOTES FOCUS & MENTAL CLARITY
- HELPS EASE TENSION
- CREATES A SENSE OF PEACE AND BALANCE

Come as you are, leave feeling restored.



CONVERSATIONS
with
CANDIDATES

★ YOUR COMMUNITY. YOUR VOICE. YOUR FUTURE. ★

Local candidates for our municipal election
will be coming in to speak with residents.

★ *Join us!* ★

	DANNY ROBERTS	SEPTEMBER 14TH
	ANDREW NOWELL	SEPTEMBER 25TH
	GREG BISHOP	SEPTEMBER 30TH

COME LISTEN. ASK QUESTIONS. BE INFORMED.

YOUR COMMUNITY STARTS WITH YOU!
We look forward to seeing you there!

★ THANK YOU FOR BEING AN ENGAGED MEMBER OF OUR COMMUNITY. ★



Sept. 9th
2:30pm
Residents General Meeting

SEPTEMBER Birthdays!

Carole E.
~ **September 7th**

Peter M.
~ **September 12th**

Brian L.
~ **September 17th**

Kristin Creations
On-site Shopping
September 29th
10am - 2pm

ZABS
COMFORT FOOTWEAR INC.
Sept. 11th

BEGINNER LINE DANCE
Join Us
Sept. 1st, 15th & 29th
For Line Dancing
With Karley!
Try It or Watch It!
Everyone Welcome!

Always in Boots
COUNTRY DANCING