

October 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activities With a * Require Sign Up At The Concierge Desk *****	For Hair Appointments Call Kristy 705-854-0905 For Foot Care Call West Nursing Foot Care 705-627-6903		1 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax Walker Clinic 1:30pm - 2:30pm 2:00pm Music Memories with Janice 2:30pm * Shopping ~ Shoppers 7:00pm Movie Night ~ "If It's Tuesday, This Must be Belgium"	2 9:45am Balance Exercise 10:30am Conversations with Candidates: Debra Lambe 12:00pm * Lunch at SIRCH Bistro 2:30pm Live Music ~ Phil O'Reilly 6:30pm Garden Bucks BINGO	3 9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Dolly Parton's Heartstrings: Jolene" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "Gifted Hands: The Ben Carson Story"
4 9:30am Minden United Church 10:30am West Guilford Baptist Church 3:00pm Horse Racing 7:00pm Movie Night ~ "Chasing Liberty"	5 9:45am Dumbbell Exercises 10:30am Discovering the Bible 2:30pm Conversations with Candidates: Rob McCaig 6:45pm * Euchre Club	6 9:45am Sit to Fit with Georgia 10:30am Conversations with Candidates: Pat Casey 2:00pm Knitting w Neighbors 2:30pm * Shopping ~ Rexall 6:00pm * Dinner & Radio Bingo 7:00pm Movie Night ~ "Valdez is Coming"	7 9:45am Chair Yoga With Lorrie! 10:30am Residents General Meeting 3:00pm Live Music ~ Gord Kidd & Friends 7:00pm Staff Pick Movie Night ~ "Secretariat"	8 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am Gardens Food Committee Those Other Movies ~"You Had To Be There" 2:00pm Thanksgiving Baking with Donna 7:00pm Movie Night ~ "The Pride of the Yankees"	9 9:45am Chair Exercise 10:30am Conversations with Candidates: Walt McKechine 2:30pm Live Music ~ Country Hot Flashes 6:30pm Garden Bucks BINGO	10 World Mental Health Day 9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Dolly Parton's Heartstrings: Two Doors Down" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "Don't Say Good Luck"
11 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:30pm Hymn Sing 7:00pm Movie Night ~ "Ocean's Eleven"	12 Thanksgiving! 9:45am Seated Dance Exercise 10:30am Discovering the Bible 2:30pm Turkey Racing 6:45pm * Euchre Club	13 9:45am Sit to Fit with Georgia 10:30am Calming Coloring 2:00pm Book Club 2:30pm Line Dancing with Karley! 6:00pm * Dinner & Radio Bingo 7:00pm Movie Night ~ "Fury at Showdown"	14 9:45am Dance Exercises with Melinda! 10:30am Group Crossword 2:30pm Rock Painting with Sherry 7:00pm Staff Pick Movie Night ~ "Dirty Dancing"	15 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am Haliburton United Church Service with Harry Morgan & Friends 1:30pm * Tech Time 2:30pm * Shopping ~ Shoppers 7:00pm Movie Night ~ "On the Waterfront"	16 9:45am Balance Exercise 10:00am Tim Hortons Social 11:00am - 4:00pm ZABS Shoe Sale 11:00am Municipal Election Voting 2:30pm Live Music ~ Mixed Bag 6:30pm Garden Bucks BINGO	17 9:45am Sit to Fit with Georgia 10:30am Documentary Saturday ~ "Dolly Parton's Heartstrings: If I Had Wings" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "From Time to Time"
18 9:30am Minden United Church 10:30am West Guilford Baptist Church 3:00pm Horse Racing 7:00pm Movie Night ~ "Charlie's Angels"	19 9:45am Dumbbell Exercises 10:30am Discovering the Bible 2:00pm * Manicures & Foot Soaks 6:45pm * Euchre Club	20 9:45am Sit to Fit with Georgia 10:30am Calming Coloring 2:00pm Knitting w Neighbors 2:30pm * Shopping ~ Rexall 6:00pm * Dinner & Radio Bingo 7:00pm Arm Chair Travel ~ Portugal	21 National Apple Day 9:45am Chair Yoga With Lorrie! 10:00am * Casino Rama Trip 10:45am Catholic Mass with Father Casmir 2:30pm SongBird Sound Session 7:00pm Staff Pick Movie Night ~ "Mona Lisa Smile"	22 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 2:00pm Garden Bucks Mystery Auction 2:30pm Poetry with Patricia! 7:00pm Movie Night ~ "Wonder Man"	23 Pumpkins & Porch Lights Open House 9:45am Chair Exercise 10:30am Visit with Butch the Dog! 2:30pm Live Music ~ The Misfits & Open Mic 6:30pm Garden Bucks BINGO	24 9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Dolly Parton's Heartstrings: Cracker Jack" 3:30pm Trivia & Happy Hour 7:00pm Movie Night ~ "Ghost Town"
25 9:30am Minden United Church 10:30am West Guilford Baptist Church 2:30pm Hymn Sing 7:00pm Halloween Movie Night ~ "The Curse of Bridge Hollow"	26 9:45am Seated Dance Exercise 10:30am Discovering the Bible 12:00pm Men's Lunch 2:30pm Sing Along with Bill! 6:45pm * Euchre Club	27 9:45am Full Body Chair Exercise 10:30am Calming Coloring 2:00pm Knitting w Neighbors 2:30pm Line Dancing with Karley! 6:00pm * Dinner & Radio Bingo 7:00pm Halloween Movie Night ~ "Practical Magic"	28 9:45am Dance Exercises with Melinda! 10:30am Making Trick or Treat Bags 2:30pm A Spooktacular Afternoon Tea & Piano Concert by Jim Miners 7:00pm Halloween Movie Night ~ "Mr. Harrigan's Phone"	29 9:45am Tai Chi with Kelly from K.O. Martial Arts! 10:30am * Spa Time: Manicures, Foot Soaks, Hand Wax 1:30pm * Tech Time 2:30pm * Shopping ~ Shoppers 7:00pm Halloween Movie Night ~ "We Have a Ghost"	30 9:45am Balance Exercise 10:30am Memory Match 2:30pm Live Music ~ Jeff Moulton 6:30pm DOUBLE Garden Bucks BINGO	31 Halloween 9:45am Saturday Stretch Exercise 10:30am Documentary Saturday ~ "Dolly Parton's Heartstrings: Down From Dover" 3:30pm Trivia & Happy Hour 6:45pm Halloween Bash with Music by Gord Kidd & Friends